Hebrews 13:15 (NKJV)
15 Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name.

Ephesians 5:20 (NKJV)
20 giving thanks always for all things to
God the Father in the name of our Lord Jesus
Christ

1 Thessalonians 5:18 (NKJV)
18 in everything give thanks; for this is the will of God in Christ Jesus for you.

1. Giving thanks to God when its good is a confession of your faith in him

Luke 17:11-19

15 And one of them, when he saw that he was healed, returned, and with a loud voice glorified God, 16 and fell down on his face at His feet, giving Him thanks.

19 And He said to him, "Arise, go your way. Your faith has made you well."

2. Giving thanks to God when its difficult is a confession of your trust in him.

Job 13:15 (NKJV) 15 Though He slay me, yet will I trust Him.

Psalm 23:4 (NKJV)

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.

2 Corinthians 12:9 (NKJV) 9 And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. 3. Giving thanks to God is a confession of who we worship

1 Chronicles 16:34 (NKJV) 34 Oh, give thanks to the Lord, for He is good! For His mercy endures forever.