

Matthew 9:4 (NKJV)

4 But Jesus, knowing their thoughts, said,
“Why do you think evil in your hearts?”

Proverbs 23:7 (NKJV)
7 For as he thinks in his heart, so is he.

Prelapse

what you do that leads up to relapse

Steps of prelapse

temptation
relaxation
contemplation
justification
give in to the temptation

1 Corinthians 10:13 (NKJV)

13 No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.

Need to be alert, aware, and vigilant
about the escape plan

Within 6 months from now,
you will most likely fall to the temptations that
you are entertaining in your thoughts today.

Mark 14:38 (NIV)

38 Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

James 5:16 (NIV)

16 Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Galatians 6:1 (NIV)

6 Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted.