

Psalms 107

Who does Lord deliver?

2 Those that are in the hand of the enemy.

4 They that wandered in the wilderness in a desolate way.

10 Those who sat in darkness and in the shadow of death.

17 Fools, because of there transgressions and their iniquities.

23 Those who go down to the sea in ships
and do business in great waters,
24 who see the works of the Lord and His
wonders in the deep,
27 who are at their **wits' end**

Someone who is at wits end

is someone who has exhausted all of their resources, wisdom and knowledge on what to do and it hasn't changed anything.

Someone who doesn't know how and can't save themselves or change the situation no matter how hard they try.

What is the cause of their deliverance?

They cried out to God in their distress, and
He saved them out of their distresses

What should we learn?

43 Whoever *is* wise will observe these things,
And they will understand the lovingkindness
of the Lord

How should we respond?

Cry out to God in our distresses

31 Oh, that men would give thanks to the Lord for His goodness, And for His wonderful works to the children of men!

32 Let them exalt Him also in the assembly of the people, And praise Him in the company of the elders.